

December 2025 Public Summary

BPC Board Meeting 12 December 2025

Conducted as a hybrid meeting.

Trustees present

Sally Beeken (SB) *via Zoom*

Asim Butt (AB) *via Zoom*

Alan Colam (AC) *via Zoom*

Richard Serlin (RS) *via Zoom*

Lee Smith (LS)

Nikky Sternhell (NS) *via Zoom*

Staff present

Camilla Bradshaw (CB)

Joanne Brooks (JB) *via Zoom*

Patrick Cusworth (PC)

Niamh Downes (ND)

Laura Dunn (LD)

Sharon Johal (SJ) *via Zoom*

Greg Ross-Sampson (GRS)

Apologies

João Botas (JBo)

Angela Greatley (AG)

Frances Roper (FR)

1. Chair's welcome and introduction

LS welcomed everyone to the meeting and gave a brief introduction.

2. Apologies for absence

JBo, AG and FR sent their apologies in advance of the meeting.

3. Approval of agenda

The agenda was approved with two minor changes.

4. Declaration of Trustees' interests

One declaration of interest was made.

5. Minutes of October meeting and public summary

The October minutes and public summary were agreed as accurate and approved, with some minor changes.

6. Matters arising

Matters arising from the previous meeting were discussed.

7. Chair's report

The Chair didn't have anything additional to report at this point.

10. Policy and public affairs update – revised template

The Board received a policy and public affairs update and revised template.

11. Revised approach to risk

The Board discussed the BPC's revised approach to risk.

12. Cyber security policy and plan

The Board approved the proposed cyber security policy and plan.

17. Council & AGM review: provisional thoughts

The Board reviewed the Council meeting and AGM format.

18. Registration Committee update

A verbal update was given on the Registration Committee by the Registrar.

19. Ethics Committee update

A verbal update was given on the Ethics Committee by GRS.

20. Professional Standards Committee update

The Board received a verbal update from the Chair of the Professional Standards Committee.

21. Sexual and gender diversity Committee update

The Board received a verbal update on the Sexual and Gender Diversity Committee.

22. Partnership of Counselling and Psychotherapy Bodies (PCPB)

An update was given on the PCPB by GRS.

23. External Partnerships Strategy

ND gave an update on the external partnerships strategy.

24. 2026 organisation planner

The Board noted the updated organisation planners.

25. Any other business

No other business was raised.

26. Date and time of next meeting

The next meeting is on Friday 30 January 2026.